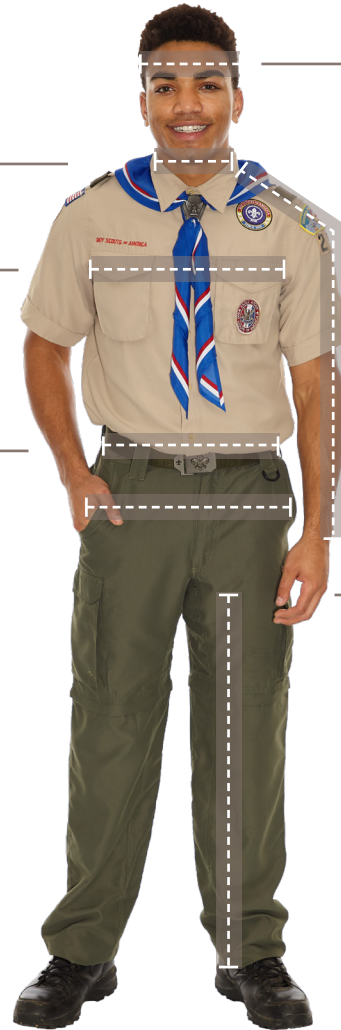


# MEASUREMENTS

**Neck:** Measure around the base of your neck. Or, find a collared shirt that fits well and, with the collar of the shirt laying flat, measure from the center of the collar button around to the far end of the opposite buttonhole.

**Chest/Bust:** From under your arms, measure across the fullest part of the chest/bust apex, including the lower portion of the shoulder.

**Waist:** Measure at your natural waistline, where your belt normally rests. If your measurements fall between sizes, order the next size up.



**Head (for hats & caps):** Measure around the largest part of your head, with the tape just above the brow line.

**Sleeve:** With your arm relaxed at your side, use a measuring tape to measure from the center back of your neck, across your shoulder to your elbow, and down your arm to your wrist.

**Hips:** Standing with your feet together, measure around the fullest part of your hips.

**Inseam:** Take a pair of pants that fits you well and measure along the seam from the crotch to the bottom of the leg. Add an inch or so for hemming, if desired. If you need assistance, please ask a store associate.

## HOW TO DETERMINE BODY MEASUREMENTS

To get an accurate body measurement, wear undergarments only. Do not measure over clothing. Once you know your body measurements, refer to the size chart on [www.scoutshop.org/size-charts](http://www.scoutshop.org/size-charts) or consult your local shop associate to determine which size you should purchase.